

The Bell of Hope



Training & Education Center (TEC)



2008 Family Service Schedule

Free Services for Family & Friends of People with Mental Illness or Mental Health Issues

<u>JOIN US FOR BRIEF PRESENTATIONS ON THE TOPICS LISTED BELOW, FOLLOWED BY <u>PROBLEM SOLVING</u> & DISCUSSION OF PARTICIPANTS' OTHER CONCERNS</u>	<u>MORNING GROUPS</u> <u>10 - Noon</u> Mental Health Association 1211 Chestnut Street (11th Fl) Philadelphia, PA 19107	<u>EVENING GROUPS</u> <u>4th Mondays (except May)</u> <u>7 - 9 PM</u> Belmont Center 4200 Monument Ave. (Rm 139) Philadelphia, PA 19131
Guest Speaker: BETTY LESHER ON UNDERSTANDING THE POWER OF 12-STEP PROGRAMS FOR FAMILY MEMBERS	4 / 10 / 08	4 / 28 / 08
GETTING OUT THE MAGNIFYING GLASS: RECOGNIZING SIGNS OF GROWTH & RECOVERY IN YOUR LOVED ONE OR YOURSELF	5 / 8 / 08	Holiday: No group
Guest Speaker: DR. LOREN CRABTREE ON PATTERNS OF FAMILY CAREGIVING: HELP THAT HELPS & HELP THAT HURTS	6 / 12 / 08	6 / 23 / 08
<i>SPRING MEETING OF THE QUARTERLY SUPPORT GROUP FOR ADULT SIBLINGS & ADULT CHILDREN OF PEOPLE WITH MENTAL ILLNESS</i>	<i>Thursday, 4 / 17 / 08 7 - 9 PM</i>	<i>Belmont Center 4200 Monument (Rm. 138) Philadelphia, PA</i>

For more information or to schedule a free private consultation by phone or at 1211 Chestnut St, contact TEC at 215-751-1800 Ext. 232 or 233 or emannion@hasp.org